2014 District Track & Field Meet

@ Winton Woods High School

**Wednesday May 21st**

# Field Events begin @ 4:00 pm

# Running Events begin @ 5:30 pm

**Boys Girls**

**Discus Shot Put**

**Long Jump High Jump**

 **Pole Vault**

1. Girls 100m 33 inch Hurdles Semis \* 13. Girls 400m Dash Semis \*

2. Boys 110m 39 inch Hurdles Semis \* 14. Boys 400m Dash Semis \*

3. Girls 100m Dash Semis\* 15. Girls 300m 30 inch Hurdles Semis \*

4. Boys 100m Dash Semis \* 16. Boys 300m 36 inch Hurdles Semis \*

5. Girls 4 x 800m Relay Finals 17. Girls 800m Run Semis

6. Boys 4 x 800m Relay Finals 18. Boys 800m Run Semis

7. Girls 4 x 200m Relay Semis \* 19. Girls 200m Dash Semis \*

8. Boys 4 x 200m Relay Semis \* 20. Boys 200m Dash Semis \*

9. Girls 1600m Run Semis (if necessary) 21. Girls 3200m Run Semis (if necessary)

10. Boys 1600m Run Semis (if necessary) 22. Boys 3200m Run Semis (if necessary)

11. Girls 4 x 100m Relay Semis (a) \* 23. Girls 4 x 400m Relay Semis (c) \*

12. Boys 4 x 100m Relay Semis (b) \* 24. Boys 4 x 400m Relay Semis (d) \*

\* Events that qualify the top 8 times to finals (advance by time only)

(a) The first prelim heat of the girls 4 x 100m relay may begin no earlier than 15 minutes after the beginning of the first prelim heat of the girls 4 x 200m relay.

(b) The first prelim heat of the boys 4 x 100m relay may begin no earlier than 15 minutes after the beginning of the first prelim heat of the boys 4 x 200m relay.

(c) The first prelim heat of the girls 4 x 400m relay may begin no earlier than 20 minutes after the beginning of the first prelim heat of the girls 200m dash.

(d) The first prelim heat of the boys 4 x 400m relay may begin no earlier than 20 minutes after the beginning of the first prelim heat of the boys 200m dash.

# Friday May 23rd

# Field Events begin @ 4:00 pm

# Running Events begin @ 6:00 pm

**Boys Girls**

**Shot Put Discus**

**High Jump Long Jump**

**Pole Vault**

1. Girls 100m 33” Hurdles 12. Boys 400m Dash

2. Boys 110m 39” Hurdles 13. Girls 300m 30” Hurdles

3. Girls 100m Dash 14. Boys 300m 36” Hurdles

4. Boys 100m Dash 15. Girls 800m Run

5. Girls 4 x 200m Relay 16. Boys 800m Run

6. Boys 4 x 200m Relay 17. Girls 200m Dash

7. Girls 1600m Run 18. Boys 200m Dash

8. Boys 1600m Run 19. Girls 3200m Run

9. Girls 4 x 100m Relay 20. Boys 3200m Run

10. Boys 4 x 100m Relay 21. Girls 4 x 400m Relay

11. Girls 400m Dash 22. Boys 4 x 400m Relay

All track events except the 800m, 1600m, 3200m runs and the 4x800 relay – the runners shall be assigned to the lanes based upon their seeded position using the following order:

Seed Lane

1 4

2 5

3 6

4 3

5 2

6 7

7 8

8 1

(4 x 100, 4 x 200, 4 x 400)

* Fastest eight teams qualify to finals

**Flight assignments for field events:**

* All field event flight assignments are random per state regulations